

Training: Basics in Health & Nutrition – 16 April



This course provides information on health and nutrition, as well as an overview of how nutritional supplements can assist health and wellbeing. It focuses on the various groups of vitamins, minerals and supplements, as well as how to engage with a customer in order to correctly establish what they require.

Date: Tuesday 16 April, from 10am to 4pm.

For more information and to enrol [click here](#).